

October 1, 2019

TO: Cross Country Coaches, athletic directors, and principals
FROM: Steve Scott, CSL Commissioner
RE: Cross Country Finals

NOTE: Teams may NOT do practice runs at the Fairgrounds in the days before the Finals. There are traffic problems.

The Finals will be held **Tuesday, October 15 from 3:30 until 6:00 or so.** All races will be held at the El Dorado County Fairgrounds on Placerville Drive in Placerville.

PARKING: Coaches who are going to stay for the whole meet AND parents who will volunteer, arrive early, and stay FOR THE WHOLE MEET will be allowed to park on the Fairgrounds by the Fair office and alongside the Main (Forni) Bldg. A form for these coaches and parents to fill out and present at the gate follows this memo. Otherwise, there will be no parking on the Fairgrounds themselves. Coaches, you must inform your parents! Parking will be in the lots above the Fairgrounds by the Raceway and, if it hasn't rained, we hope to be able to allow spectators to park on the baseball field above the raceway.

BUSES: Please park along Ray Lawyer Drive. To alleviate congestion, buses may let students off at one of three places: 1) the Blue Gate (back by Raley's); 2) Ray Lawyer Drive (coaches walk the kids down Armory Lane; 3) the Green Gate (in front on Placerville Drive).

ADMISSION CHARGE: \$3.00 per adult, \$1 for students and children over 8. The County Sports League charges an admission for every league championship.

WHAT ELSE TO EXPECT: There will be a snack bar, a t-shirt vendor, and a perhaps a couple of professional photographers taking pictures of the runners.

WHO: Schools that decided to be **large** (remember, if you run 4 of the 6 divisions in 3rd-5th grades with AT LEAST 7 runners, you must declare 'large'): up to seven (7) runners for each race. Schools that decided to be **small**: up to five (5) runners for each race. Runners will be counted at the start. Exception: up to seven (7) per grade in 6th and 7th/8th grades. There is no 'large' or 'small' in 6th and 7th/8th grade divisions. Only five runners are counted for scoring. Runners MUST compete for the school they attend. NO EXCEPTIONS.

SCORING: Please supply name tags for each runner – size 30 or 33 labels per sheet. No extra large labels. Please type the following on each tag in black ink: first and last name, grade, sex, school abbreviation. Runners should remove the tags from their jerseys and hand them to the scorekeeper.

Runners may be moved up in grade to complete a team of five (for large) or three (for small). Runners may not move down, however. We will follow the CSL scoring rule (209.3.5) where runners competing as individuals (fewer than five runners for large or three runners for small from a team) will place as individuals, but their placing will be disregarded in the team scoring. In large team races the lowest score is 15 (1,2,3,4,5 = 15); in small team races it is six (1,2,3).

Order of Events

<u>Class</u>	<u>Distance</u>	<u>Class</u>	<u>Distance</u>
Boys 5 th grade	1 mile(3:00 walk through)	Boys 6th	1 mile
Girls 5 th	1 mile	Girls 6th	1 mile
Boys 3 rd	3/4 mile	Boys 7 th /8 th	1 ½ mi. (course walk 4:15)
Girls 3 rd	3/4 mile	Girls 7 th /8 th	1 ½ mi. (course walk 4:15)
Boys 4 th	1 mile		
Girls 4 th	1 mile		

If it is feasible, we will try to start the next race before the previous race concludes. All runners will receive a time. A race will not begin if there is a chance of runners overlapping slower runners from the previous race.

Courses: The courses will be the same as last year, barring weather problems.

1. **Runners** are responsible for knowing the course. Rabbits/turtles will be provided by El Dorado High School.
2. **Start line and finish line are in separate areas.** Runners are responsible for reporting on time to the staging area. There will be three start lines, as we had last year. Large schools may have three (3) on the first line, two (2) on the second line, and two (2) on the third line. Small schools will be two (2), two (2), and one (1).
3. Only runners and coaches will be allowed at the starting line and only during their scheduled times. Parents must stay back in the designated areas at the start and finish. Please **do** have an adult near the start line for your team to correct misbehaving team members and comfort any who are upset or who stumble at the start.
4. Parents and others must not pace runners at any time during the races. If pacing occurs, the runner will be disqualified. **COACHES: YOU MUST TELL YOUR PARENTS!!**

Awards

Schools will have the meet results delivered via email and team awards delivered to their school. Medals will be awarded for individual 1st, 2nd, and 3rd places, and ribbons will be awarded to all other runners. Trophies will be awarded to the schools winning the team competition. Runners on teams finishing 1st, 2nd, or 3rd in the team competition will receive ribbons.

RUNNERS ARE RESPONSIBLE FOR KNOWING THE COURSE! Lions Club members, perhaps some El Dorado H.S. cross country members, and parent volunteers will be helping with the meet.

The courses are relatively compact with good viewing almost everywhere. There are many trees and picnic tables for your convenience. **Please make sure you clean up and help clean up where others have not.**

COACHES: Have your team members keep their gear in your designated area. Everyone must respect the adopted garden areas with their fall decorations and displays. Please supervise your runners and make sure **EVERYONE CLEANS UP.** The Fairgrounds people have been very generous to us, but they have strict standards, which we think are quite reasonable.

We hope the weather will be nice and that you will enjoy the 2019 Cross Country Finals.

Finals hosts and assigned tasks:

over-all host and finish line – Golden Hills, Oak Meadow, EAS, Cedar Springs Waldorf

results on the computer: Mary from Brooks, Pam from Markham

set up (8 am start): Miller's Hill, Steve Scott

volunteers coordinator: Steve Scott

money collecting at front (Green) and back (Blue) gate: Charter Home Academy (Collette Dickerson and Janet Johnson), Oak Meadow

maps of assigned 'home' spots: Steve Scott

start line: Steve Scott, Peanut Harms

clean-up help after the meet: Schnell, Camino, Sierra

turns: Pleasant Grove, John Adams (2 from each school would be great)

Please see the message below to give to parents about the admission and the Fairgrounds parking form for volunteers and coaches staying the whole meet.

PARENTS!

COUNTY SPORTS LEAGUE

CROSS COUNTRY

CHAMPIONSHIPS

Tuesday October 15th

EI DORADO COUNTY FAIRGROUNDS

FIRST RACE AT 3:30

**ADMISSION: \$3 PER ADULT, \$1 for
Students and Children over 8**

(THE LEAGUE CHARGES ADMISSION AT ALL ITS CHAMPIONSHIPS.)

PARKING PERMISSION FORM

NAME _____

VOLUNTEER COACH (CIRCLE ONE)

By showing this I agree that I am staying the whole time. I understand that it would be dangerous for me to move my vehicle before all the races are finished. I also understand that if I arrive after 2:15 I will be too late, and I will not be able to enter the Fairgrounds.

I also understand that I will park ONLY in the plaza in front of the Fair office (by the front gate), alongside the Forni (Main) Bldg., or alongside the fast food concessions just across from the Forni Bldg.

Steve Scott, CSL Commissioner, appreciates your help and cooperation!